

# A RULE-BASED APPROACH AND FRAMEWORK FOR MANAGING BEST PRACTICES

## *An XML-Based Management Using Pure Database System Utilities*

Essam Mansour and Hagen Höpfner

*School of Information Technology, International University in Germany, Campus 3, D-76646 Bruchsal, Germany  
essam.mansour@ieee.org, hoepfner@acm.org*

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**Abstract:** Best practice refers to the best way to perform specified activities. In this paper we present our SIM approach that incorporates best practices as skeletal plans from which several entity-specific (ES) plans are generated. The skeletal and ES plans represent the complex information incorporating the best practices into organization activities. The paper also presents the SIM framework for managing complex information through three phases: specifying the skeletal plans, instantiating ES plans, maintaining these ES plans during their lifespan. The paper outlines an implementation, a case study and the evaluation of the SIM approach and framework.

## 1 INTRODUCTION

Best practice refers to the best way to perform specified activities (O’Leary, 2007), and is utilized in several domains, such as in: 1) *Health-care*, Clinical Guidelines (Field and Lohr, 1992) are used in disease management activities; 2) *Agriculture*, Good Agricultural Practices (Neely et al., 2003) are utilized in activities, such as animal production management; and 3) *Stock Exchange*, Best Execution Guidelines (EAMA, 2002) are harnessed to manage customer securities orders.

In these domains, the best practices are instantiated for a particular domain entity, which is involved in a specific activity. In the health-care domain, e.g., the Clinical Guidelines are instantiated to a specific patient to generate a patient plan used in the activity of disease management (Shahar, 2002).

Implementing best practices into systems, such as workflow or expert systems, forces organizations, who have less formally defined procedures, to conform to a single standard. Deviation from this standard requires a change to these systems (Rinderle and Reichert, 2007).

The major challenge addressed in this paper is to flexibly incorporate best practices into the day-to-day organization’s activities, and managing the instantiated plans, such as patient plans, at the domain entity level. The problem of this research is three-

fold: *first*, providing an empirical approach for modeling the best practices in order to provide flexibility in customizing the modeled best practices to suit an organization standard or domain entity situations; *second*, providing a management framework for the modeled best practices while covering the organization’s needs; *third*, realizing the approach and framework as a unified and high-level method using the available technologies.

This paper presents a generic approach and a multi-dimensional framework, called SIM (Mansour, 2008), for incorporating best practices and managing of complex information through modeling this information as one distinct entity. SIM is supported using an advanced language called AIM (Mansour et al., 2006; Mansour et al., 2007a; Mansour and Höpfner, 2009) and utilized by AIMS (Mansour et al., 2007b), a system for managing the complex information.

The remainder of the paper is organized as follows: Section 2 outlines the related work. Section 3 highlights a working scenario. Section 4 presents the SIM modeling approach. Section 5 presents the SIM framework for the three management planes (specification, instantiation, and maintenance). Section 6 highlights our prototype system AIMS using a clinical case study. Section 7 discusses the concluding remarks of SIM. Section 8 summarizes the paper.

## 2 RELATED WORK

Several approaches exist for incorporating best practices into organization's activities. *Active database approaches*, such as (Caironi et al., 1997; Bry et al., 2006), provide support for representing and executing best practices as event-condition-action (ECA) rules (Paton, 1999). These approaches are easy to be integrated with the organizations' information systems by utilizing the DBMSs to manage the ECA rules and organization's data. However, active database approaches suffer from 1) the low-level representation that is not easy to be reviewed or modified by the non-technical users; 2) a lack of support for real-world situations that require time-based rules at a domain level (e.g. 2 hours after patient admission order a blood test); and 3) little or no support for manipulating and querying these rules. Our work overcomes these problems by providing a high-level management supported via a declarative language.

*Workflow approaches*, such as (van Dongen et al., 2007; Rosemann and van der Aalst, 2007), provide formalization and validation models that specify the best practices as processes with focus on the control flow and order of processes. These models provide little or now support for the information produced by incorporating the best practices, such as the medical information related to the patient plan. Different workflow approaches, such as (Lee et al., 2007; Rinderle and Reichert, 2007), have addressed the problem of adapting the formalized processes to a specific organization's need. Workflow approaches provide little or no support to the deviation between the domain entities, to which the process is applied. Our work supports this deviation by generating an entity-specific version of the best practice for each entity.

Furthermore, our approach differs from *decision making approaches*, such as (Ruland and Bakken, 2002), in assisting the decision making process by issuing notifications, reminders, and/or observations regarding the situation of interest to domain users. We provide a generic approach and framework for managing the best practices incorporation platform-independently and high level under an unified management environment.

## 3 WORKING SCENARIO

This section presents a working scenario for managing best practices that could be formalized as ECA rules. The scenario is based on a clinical protocol for the diagnosis and treatment of microalbuminuria in diabetes patient. Microalbuminuria is diagnosed either on 24 hour urine collections (20 to 200 g/min

or more commonly if elevated concentrations (30 to 300 mg/L) on at least two occasions.

To compensate for the variable possible urine concentration on spot check samples, it is more typical in the UK to compare the amount of albumin in the sample against its concentration of creatinine. This is termed the Albumin/creatinine ratio (ACR) and microalbuminuria is defined as ACR 2.5 mg/mmol (male) or 3.5 mg/mmol (female).

The microalbuminuria protocol (MAP), best practice, is to be formalized at a generic form to be used with several patients. In hospital, there is a MAP-based medical patient plan for each particular patient. In the execution process of the plan, it is required to react to the changes of the patient's state according to MAP. Doctors manipulate the plan over time according the patient progress. This manipulation might be by adding or removing part of the plan or incorporating a new version of MAP. Doctors are interested to review the execution history of the plans. Consequently, the execution history is logged.

## 4 THE SIM APPROACH

SIM is an acronym for specification, instantiation, and maintenance. The SIM approach aims at incorporating best practices through an electronic and adaptive template (skeletal plan), from which several entity-specific (ES) plans are generated. A skeletal plan changes when necessary in order to be suitable for a particular organization and/or environment. It is static in the sense that it is almost fixed before, during, and after the execution. However, the ES plan is dynamic as it may undergo significant changes during the execution and it does have state transitions, such as active state or inactive state. For simplicity, an ES plan should belong to only one skeletal plan. However, the skeletal plan might belong to several ES plans. An ES plan has a limited lifespan, during which it is created and eventually completed, terminated and/or suspended, as shown in Figure 1(B).

The conceptual model of complex information in SIM is a theoretical construct: a set of information components and a set of logical relationships between these components. As depicted in Figure 1(A), complex information has an *active* and a *passive part*.

The *active part* represents the way in which an activity should behave and react in a particular situation. The information component under this part is expressing actions rather than states of being. The *passive part* is a subject to changes without taking any action. As shown in Figure 1(A), the *active part* is represented by the *knowledge action* component that specifies the reaction that should be taken as a response to a specific situation. The initial steps for incorpo-

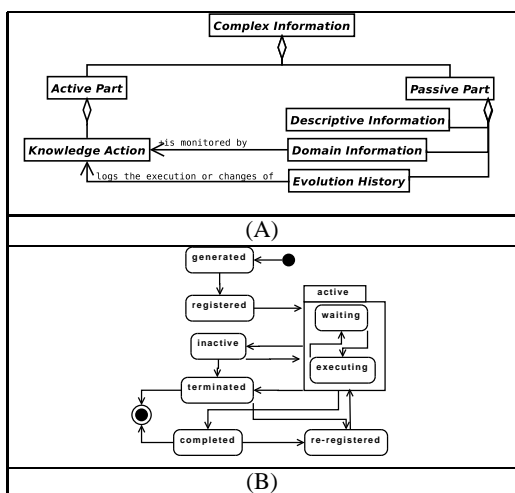


Figure 1: (A) the complex information conceptual model and (B) the life-cycle of the ES plan

rating best practices into organization activities are to describe the primitive decision logic of the best practice for a specific situation. In our approach this is supported by using the ECA rule paradigm.

The *passive part* consists of *domain information*, *evolution history*, and *descriptive information* components. The *domain information* component models the situations, to which the *knowledge action* reacts. Situations are represented through terms, whose values are monitored by the *knowledge action* component. The *evolution history* tracks changes to the initial complex information, dependencies, and goals. Moreover, the execution of the primitive decision logic is logged by the *evolution history*. The *descriptive information* component provides 1) didactic information, such as purpose and explanation, and 2) release information, such as version, and specialist.

The four components of the complex information, *knowledge action*, *domain information*, *evolution history*, and *descriptive information*, exist in both the skeletal plan and the ES plan, but at different abstraction levels. Table 1 summarizes the differences.

Components	Skeletal Plan	ES Plan
Knowledge Action	platform-independent	platform-specific
Domain Information	domain-specific and entity-independent	platform-specific and entity-dependent
Descriptive Information	specification-oriented	execution-oriented
Evolution History	logs modification	logs modification and execution

Table 1: Comparison between the complex information components.

The *knowledge action* component in the skeletal plan is a platform-independent, which means the decision logic should be formalized as platform-independent statements that could be directly mapped

into executable statements attached to the ES plan. The *domain information* component in the skeletal plan is domain-specific. Hence, the terms representing specific situations are defined using the domain terminologies. In the ES plan, these terms should be mapped into computer interpretable terms, such as data items of a database schema.

The *descriptive information* component in the skeletal plan is specification-oriented to provide descriptive information regarding the specification and formalization process, such as information about the author. However, in the ES plan, it provides a descriptive information related to the execution, such as person in charge of the ES plan, and a specific entity, to which the ES plan is generated. The *evolution history* component in the skeletal plan logs the modification made to the skeletal plan. In the ES plan, this component logs the modification and the execution history.

## 5 THE SIM FRAMEWORK

The SIM framework consists of three planes: specification, instantiation, and maintenance, with the human-computer interaction (HCI) support as a base (see in Figure 2). The functionalities for capturing, customization, information mining, sharing and distribution are work in progress. The HCI basis is part of our future work.

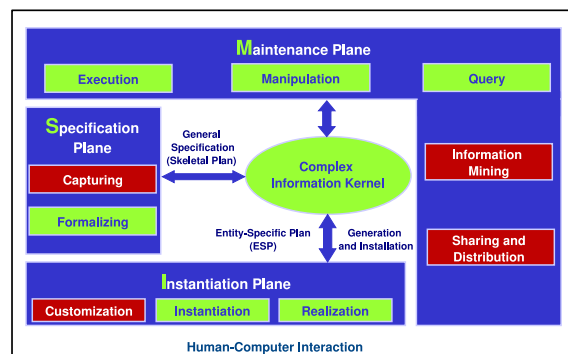


Figure 2: The SIM framework

### 5.1 The Specification Plane

The specification plane provides support to capture the best practices and to formalize them as skeletal plans. It is common that best practice is provided in non-computer-interpretable form. That is a major obstacle to exchange best practices among organizations and/or individuals. In the formalization process, the specification plane provides a computer-interpretable model for expressing the skeletal plans. We adopted

an event-driven method to formalize the best practices. The specification plane formally specifies the skeletal plan according to the conceptual model of the complex information as discussed in Section 4.

## 5.2 The Instantiation Plane

This plane aims at refining the skeletal plan to suit an organization and at generating ES plans. In the SIM framework, the customization is a process of adapting the skeletal plan to meet the customer's and/or organization's needs. Professional service firms generate an enormous amount of high-value best practices. However, customizing them to meet the client specific situation adds the greatest value to the process of incorporating best practices into organization activities.

The instantiation is the process of generating an ES plan from the skeletal plan. The instantiation process in our working scenario is supported by a model, called DRDOC, for implementing the ES plan. DRDOC (Mansour and Höpfner, 2009) takes into account the features distinguishing the ES plan from the skeletal plan, such as platform- and entity-specific. This process considers the information of a specific entity and maps the components of a skeletal plan into the corresponding component in the ES plan.

The realization is the process of giving the appearance of reality. After reviewing the ES plan clearly and distinctly, it is authorized to be in the condition of being in full force or operation. This process deploys the best practices in the system.

## 5.3 The Maintenance Plane

The maintenance plane provides support to the lifecycle of the ES plan and keep the complex information in a functional state. The functions of this plane are execution, manipulation, query, information mining, and distribution management.

The ES plans are executed as soon as a change of interest happens. In the instantiation process, the *knowledge action* component of the skeletal plan is mapped into a platform-specific statement that is amenable to execution by using a specific execution environment, such as an active DBMS due to the use of the ECA rule paradigm to represent primitives of the best practices. Part of the execution process is to log all the execution history in the *evolution history* component of the complex information.

The manipulation is a process that provides the operations against the complex information, which is subject to the same manipulation operations, as other kind of information. However, these operations are performed at a high-level of abstraction that deals with the complex information in terms of its compo-

nents, as a first-class object, plus special operations, such as activate, deactivate, and terminate.

The query process provides the ability to retrieve complex information. Queries may be issued in order to obtain information about a skeletal plan dealing with specific situations and/or about a ES plan belonging to a specific entity. These queries handle complex information as first-class object. The ES plan is subject to special queries for recovering and/or reviewing the plan at a specific time point or period.

The information mining targets the automatic discovery of information from an evolution history component of the entity-specific plan that represents a real case study. The discovered information can be used to deploy new best practices or as a feedback tool that helps in auditing, analyzing and improving already enacted best practices.

The sharing and distribution provide interoperability support for managing complex information in highly heterogeneous, widely distributed, and fragmented context. This context brings together a geographically dispersed stockholders, who are participating in the management process of complex information. It is also needed to exchange this information among and deliver it to other people.

## 5.4 Other Components

An HCI support is required to be provided for all planes of the framework. The nature of the best practice and its complex information as a huge amount of information must be considered as an essential factor for the user interface. Complex Information Kernel is the core of the SIM framework. It is the integrating factor among the three planes and provides storage and retrieval support for the complex information.

# 6 A PROTOTYPE SYSTEM

The AIMS system utilizes the available DBMS as a base for managing the complex information and implementing the AIM language consisting of three main components; specification component (AIMSL), instantiation model (DRDOC) and query component (AIMQL). AIMS has been implemented using DB2 and Java. The conceptual architecture of AIMS is illustrated in Figure 3. The *Complex Information Manager* supports the best practices incorporation and the complex information management at a high level. The domain users and information providers, such as patient information system or stock items system, deal with *Complex Information Manager* through the *Communication Manager*.

The *Rule Manager* maps the platform-independent and domain-based rules specified

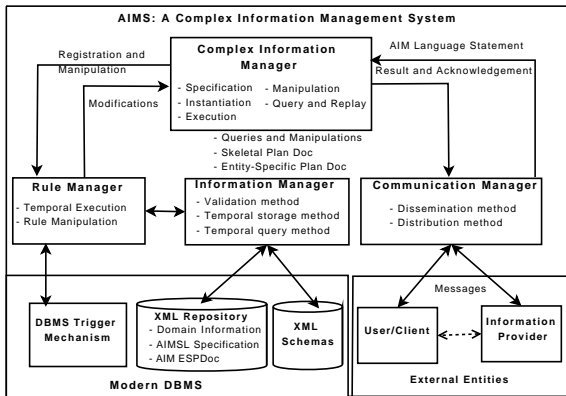


Figure 3: the AIMS conceptual architecture.

by AIMS L into triggers managed by the DBMS. The *Information Manager* extends the XML support provided by DBMSs to provide temporal support and utilizes the DBMS to validate and store the AIMS L specification document and the DRDOC document using their XML Schema.

## 6.1 The Specification

In the specification plane, the formal specification of the utilized MAP protocol is made using AIMS L. The outcome of the formal specification process is a well-formed XML document validated against the AIMS L Schema. Figure 4 illustrates an overview of the MAP protocol specification, which has the ID *PRO124*, and belongs to the category, whose ID is *CID124*.

```

-<protocol id="PRO124">
  <name>microalbuminuria protocol (MAP) </name>
  <categoryID>CID124</categoryID>
  +<header>
  -<Schedules>
    -<schedule id="SIDMAP">
      <name>Basic MAS</name>
      +<header>
      -<scheduleRules>
        +<rule id="rul1">
          ...
          +<rule id="rulN">
        </scheduleRules>
      </schedule>
      +<schedule id="FIDMAP">
      +<schedule id="MIDMAP">
    </Schedules>
  </protocol>

```

Figure 4: AIMS L specification for MAP

*Rule 5* shown below is a comprehensive rule that covers several features of the AIMS L rule element. Its specification is illustrated in Figure 5. The rule body consists of the elements *Terms*, *event*, *condition*, and *action*.

```

Rule 5 (static Rule, repetitive 10 times):
event : every 12 hours after patient admission
condition: the test result > 55
action : send a message ordering an ACR test for the patient.

```

There are two terms in *rule 5*. The first one is *value of the ACR test result*, which is a term of type element. Its ID is *TO1234* and its value is of integer data type. The second term is *patient admission*, which is a term of type event. Its ID is *DEPA11*. The *event* element is a repetitive relative time event that happens every 12 (time length) hours (granularity) after the term, whose ID is *DEPA11* that is the *patient admission* term, and the event is repeated 10 times. The *condition* element is a simple predicate checking that the value of the term, whose ID is *TO1234*, is greater than the integer value 55. The action is to send the doctor an email to order an ACR test for the patient.

```

<-rule id="rul5">
  <name>Rule 5 of MAP</name>
  +<properties>
  +<header>
  -<body>
    -<Terms>
      <term id="TO1234">
        <title>The value of the
          ACR test Result</title>
        <type>element</type>
        <dataType>integer</dataType>
        +<mappingToDB>
      </term>
      <term id="DEPA11">
        <title>patient admission</title>
        <type>event</type>
        +<mappingToDB>
      </term>
    -<Terms>
    -<event id="E1R5">
      <on>
      <relativeTime>
      <every>
        <granularity>hours</granularity>
        <timeLength>12</timeLength>
      <beforeORafter>
      <BAValue>after</BAValue>
      <term id="DEPA11">
      <term id="DEPA11">
        patient admission</term>
    </beforeORafter>
    <for>10</for>
    </every> </relativeTime>
    </on> </event>
    -<condition id="ID36">
      +<description>
      <logic>
      <simplePredicate>
        <operand1>
          <termID>TO1234</termID>
        </operand1>
        <operator>gt</operator>
        <operand2>
          <value>
            <amount>55</amount>
            <datatype>integer</datatype>
          </value>
        </operand2>
      </simplePredicate>
    </logic>
    </condition>
    -<action id="AID36">
      -<do>
      <proceduralAction>
        +<sendEMAIL>
      </proceduralAction>
      </do>
    </action>
    </body>
  </rule>

```

Figure 5: AIMS L specification for the rule 5

## 6.2 The Instantiation and Execution

In the instantiation plane, patient plans are instantiated for a specific patient using the AIMS L specification by 1) generating an instance of the MAP protocol and 2) mapping its *knowledge action* component into SQL triggers, which are to be created in the AIMS system. Thus, the patient plans are continuously and automatically adjusted to the changes in the patient state. DRDOC provides an implementation for ES plans. Figure 6 illustrates part of a patient plan generated using DRDOC. This part is at four hours after the patient admission. The rule  $MAP_1$  and  $MAP_2$  were generated at time point zero and registered at time point 1.

The *generated* status is a system-defined status that happens at the generation time of an ES plan. The rule  $MAP_1$  was fired two hours after patient admission. Therefore, the status *registered* of rule  $MAP_1$  was valid from 1 to 2. The status *executed* was added

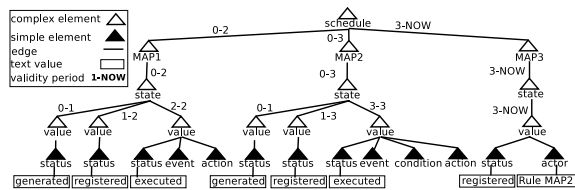


Figure 6: A part of a patient plan

with validity period 2 to 2. The actual evaluation of the *event* and *action* of  $MAP_1$  were recorded. The rule  $MAP_2$  was fired three hours after patient admission. Therefore, the status *registered* of rule  $MAP_2$  was valid from 1 to 3. The status *executed* was added with validity period 3 to 3. The evaluation of the *event*, *condition*, and *action* of  $MAP_2$  were recorded. The rule  $MAP_3$  was added at time point 3 and it is recorded that  $MAP_2$  caused such modification, *actor*.

### 6.3 Query and Manipulation

There is a need to move the complexity of manipulating and querying the complex information (skeletal and entity-specific plans) from user/application code to a high level declarative language. AIMQL is a high level XQuery-based language providing facilities to perform manipulation operations, and advanced queries, such as replaying dynamic execution scenarios of the complex information. For more details about AIMQL, the reader is referred to (Mansour et al., 2007b; Mansour and Höpfner, 2009).

AIMQL introduces seven manipulation operations (expressions). These expressions includes add, remove, modify, activate, deactivate, terminate and fire. They are distinguished in the sense that they do not only potentially modify the AIMSL specification or ES plan, but also propagate the modification to the corresponding ES plan documents and modify the corresponding triggers created in the system. Furthermore, the manipulation expressions log the changes of DRDOC documents.

The AIMQL replay language provides an essential role for retrieving and reviewing the complex information. The user does not need to know the details of the complex information schemata as the AIMQL language is a declarative language. The replay queries are applied only to the *plan*, *schedule* and *rule* elements, which are called *re-playable* elements. Two or more *re-playable* elements might be joined (combined) in order to produce the query result. By mapping the replay query into XQuery script, the utilized XQuery engine is to be in charge of managing AIMQL queries.

Figure 7 shows examples for AIMQL queries. Replay query 1 replays the history of plan no ( $X_1, PID_1$ )

replay query 1

```
REPLAY PLAN p1,p2
SHOW When, How, Why OF p1
WHERE p1[@DEID = X1 and @SPID = PID1] and
p2[@DEID = X2 and @SPID = PID2] and
NOT(p1.precedes(valid(p2.state[value=ST])))
```

replay query 2

```
REPLAY RULE plan[@DEID = X and @SPID = PID]
//schedule[@IDREF=S]/rule[@IDREF=A] R
SHOW How, Why OF
count(R.state[value/status='executed'])
WHERE R.meet(
valid(R.state[value/status='executed']))
```

Figure 7: AIMQL replay queries.

after the validity period of the state  $ST$  of the plan no ( $X_2, PID_2$ ). In this query the variables  $X_1, PID_1, ST, X_2,$  and  $PID_2$  are to be replaced with appropriate values. This replay query returns the versions of the plan no ( $X_1, PID_1$ ), whose validity period does not precede the validity period of the state  $ST$  of the plan no ( $X_2, PID_2$ ). This query helps in comparing the progress of two different patients, to who the same generic plan is applied.

In replay query 2, it is required to retrieve how many times was rule  $R$  of schedule  $S$  of the plan ( $X, PID$ ) executed, and why. The *OF* element specifies the re-playable information using the function *count*, which counts the states, whose value is *executed*, of the rule  $R$ . This query shows the *how* and *why* parts of the re-playable information. So, the actual evaluation of the *event* and *condition* elements are to be shown for each execution of  $R$ . The replayed period is the period, at which  $R$  was executed, as specified using the function *meet*.

## 7 CONCLUDING REMARKS

The clinicians do not need to continuously monitor the patient state changes in order to react to the clinical events of interest and adjust the patient plan. The clinicians participating in the disease management will be able to remotely access, manipulate or query, patient plans. By the replay support, the clinicians can review the evolution of a specific patient plan in a particular time period.

Furthermore, we can state out the following: *Maintainability*: The SIM approach uses a declarative language, AIM, to allow a unified management to best practices. The AIM language formalizes the best practices as a skeletal plans at a domain and declarative level, thus making it easy to incorporate and maintain best practices by the domain users; *Extensi-*

bility. Extending the best practices or specific skeletal plans can be made easily using the AIM manipulation operations. Hence, new skeletal plans can be easily added to the AIMS repository; *Re-usability*. best practices are specified in an interpretable format using AIMSL. A similar application could reuse this AIMSL specification; *Flexibility and Adaptability*. The SIM framework manages best practices incorporation at several levels of abstractions. To adapt to any changes at the organization level or domain entity level, the user has to modify the skeletal plans before re-instantiating the ES plans that are deployed in the AIMS system transparently by the *Rule Manager*.

## 8 SUMMARY AND OUTLOOK

We presented the SIM approach that models best practices as an electronic and adaptive template (skeletal plan), which is to be instantiated to several ES plans. Both the skeletal and ES plan are referred to as complex information. We presented also the SIM framework for managing complex information through three planes, specification, instantiation and maintenance. SIM has been implemented based on the ECA rule paradigm, XML and DB2; and applied to manage clinical test ordering activities.

Currently we are doing additional experiments with different workloads and query sets. Besides this, more advanced visualization mechanism to review the replayed information and a method for automatically discovering information from the execution history of the complex information need to be developed. This discovered information can assist in auditing, analyzing and improving already enacted best practices.

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